

Originally Presented On	9/11/2014
Type of Action	Legislation
Status/Result	New Business

1 2	S.A. Resolution #8 Resources in Syllabi for Mental Health
3 4 5	Sponsored by: Yamini Bhandari '17 Matthew Stefanko '16
6	Whereas, Cornell's Mental Health Services are available for students facing stressful
7	situations or academic issues.
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9	Whereas, Syllabi serve as resources that students use frequently to learn more about
10	classes and resources available to them.
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12	Whereas, many professors include information about available mental health
13	resources and students have expressed that these resources are helpful to them during
14	difficult portions of the semester.
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16	Whereas, offering professors suggestions on language and resources can help ensure
17	most Syllabi include information on resources.
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19	Whereas, a formal resolution will help build momentum for these changes in other
20	meetings with faculty and administrators.
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22	Be it therefore resolved, that Professors adopt the following language to include in
23	all syllabi:
24	It's normal to experience stress at a school like Cornell; it is important to realize when
25	this stress is no longer healthy and instead becomes debilitating. Professors,
26	administrators, and students recognize the importance of accommodating this stress



27	and there are a number of resources on campus meant to assist you in times of need. If
28	you are feeling this way at any point throughout the semester, reach out to your
29	professor, or teaching assistant for academic advice and support. Additionally, the
30	following resources are available to offer stress relief, and promote your mental and
31	emotional wellbeing:
32	-EARS is a peer-to-peer, anonymous resource willing to listen to any problems you may
33	face. (607-255-EARS) -CAPS provides crisis intervention, brief counseling, and
34	outpatient psychiatric care to Cornell studentsCall Gannett 24/7 to speak with a
35	healthcare provider at 255-5155 -Let's Talk provides offsite walk-in counseling; check
36	the website for current locations & hoursThe Learning Strategies Center is the central
37	academic support unit providing students tutoring, supplemental courses, study groups
38	and general study skills. Visit the LSC at 420 CCC or call 255-6310.
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40	Be it further resolved that the resolution will be referred to the faculty senate and
41	any other appropriate parties for approval of the language used in the blurb.
42 43 44	Respectfully Submitted,
45	Yamini Bhandari '17
46 47	Vice President of Outreach, Student Assembly
48	Matthew Stefanko'16
49	Vice President of Finance, Student Assembly
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53	(Reviewed by: Executive Committee 6-0-0, 9/9/14)
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