

**Cornell Minds Matter**

***Byline Funding Application 2016-2018***

***President: Matt Ferguson***

***Treasurer: Julie Mante***

***Advisor: Casey Carr***

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## *I. Mission Statement* ~~~~~

Cornell Minds Matter is an undergraduate student organization that works to:

- Help Cornell students deal with stress, lead a balanced existence and use the stresses and challenges we face as opportunities for growth and success.
- Decrease the stigma associated with mental illness and with seeking mental health resources so that all students may find the opportunities they need to be successful.
- Promote understanding of the value of caring for one's own mental health and others by bringing speakers to campus, holding discussion sessions, and educating through workshops, training sessions, publications and advertising.
- Serve as a liaison between students, staff, faculty and the administration of Cornell to guide policy and resources so the undergraduate population of Cornell is best served.

The Cornell Minds Matter mission statement proves particularly pertinent due to the fact that high percentages of college students at Cornell University and across the nation consistently report stress, symptoms of depression, and other mental health issues. Startling statistics about mental illness highlight that:

- 38% of Cornell students were unable to function at least once during the last year (Cornell PULSE Survey, 2013)
- 1 in 4 college students suffers from a diagnosable mental illness (Active Minds)
- 1 in 3 college students reports prolonged periods of depression (NAMI)
- 1 in 7 reports difficulty functioning at college due to mental illness (NAMI)
- 1100 college students die each year by suicide (Active Minds)
- The average age of onset of most mental health disorders is 18-24 (Active Minds)
- A majority of college students report a lack of awareness and education concerning mental health issues (NAMI)

CMM continues to find creative ways to promote mental health awareness and help students through the daily stress of college life. In addition to the large-scale events and weekly series that CMM offers, members have also worked with the Cornell administration and other student groups to improve mental health resources on campus.

CMM members have acted as student representatives for the Council on Mental Health and Welfare and the President's Council on Alcohol and Other Drugs. They have worked to improve Notice and Respond practices and have consulted on Cornell's recently-developed Mental Health Framework. Additionally, members have contributed to the Faculty Handbook on the Signs and Symptoms of Students in Distress and the Cornell Family Handbook.

The 2007 Cornell Meinig Research Scholars' report on sources of stress at Cornell included: loneliness, peer conflict/dating, new responsibilities, adaptation to a new environment, academic achievement, time management, and parental expectations. The report's recommendation included: collaborate with Cornell Minds Matter, advertise stress relief, and make mental health more approachable.

Mental health can strongly affect academics, relationships, success, and general well-being. In order to avoid reaching a point of crisis, it is important to encourage open conversations about mental health and promote taking care of oneself and others. Cornell Minds Matter is committed to addressing the university's goal of developing a caring community where support, information, and resources are readily available to all students.

*II. Narrative of Plans* ~~~~~

During the upcoming funding cycle CMM will continue with all programming we have held in the past with improvements and small modifications.

In the past two years CMM was not able to hold as many Dining with Diverse Minds/Leaders (DWDM/L) as we would have liked. As a 2015 recipient of the Perkins Prize, which provided \$2,500 to CMM and \$2,500 to ALANA, we will again be able to ensure that we have two DWDM/L events per semester in the current academic year, 2015-2016. As a result of this added source of funding, we will be able to expand our Large Events and Healthy and Disordered Eating (HDE) events for the current academic year. This will also help us develop the new Cornell Minds Matter Center for Well-being, which will be a permanent location that will include a library and other resources related to mental health support.

In the past, the student assembly has asked us about our self-evaluation practices, publicity strategies, and international student outreach. In response to these concerns, we have organized surveys for our HDE and Zumba events in order to assess efficacy. We also designated a student consultant, Alex Dubro, to create templates for evaluation. To reduce the costs of publicity, we are using more online resources in order to advertise our events. Finally, we plan to have a booth at the International Student Resource Fair as well as specific advertisements for international students in order to encourage student involvement from this population.

Overall, Cornell Minds Matter plans to maintain its current level of service to the Cornell community and continue to improve on our most successful and influential events. We greatly appreciate the support of the Student Assembly, which is critical to the success of our endeavors.

Cornell Minds Matter is asking for an unchanged allocation of **\$2.00** per student for the upcoming 2016-2018 funding cycle.

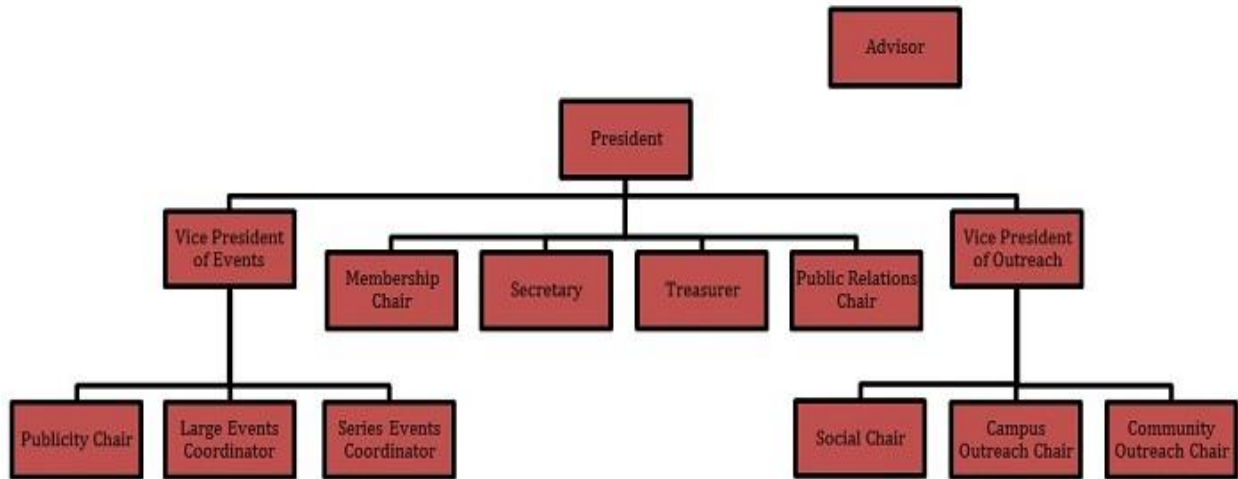
**III. Organization Profile** ~~~~~

**A. Membership and Organization Chart**

**Number of Members**

As of the Fall 2015, Cornell Minds Matter has 14 executive board members, 35 staff members, and the general listserv has grown to over 2,000 members of the Cornell community.

**Executive Board Organizational Chart**



**Staff Members**

Staff members support and report to the executive board. Their names, contact information, and specific roles are included in the appendix.

**B. Officers**

CMM Executive Board for Fall 2014 and Spring 2015				
Position	Name	Yr	E-mail	Phone
President	Matt Ferguson	SR	mdf75@cornell.edu	817-614-2862
Vice President of Events	Natasha Khodykina	JR	nk445@cornell.edu	8587354664
Vice President of Outreach	Kathleen Naehar	JR	kan53@conell.edu	631-291-1955
Treasurer	Julie Mante	SR	jom35@cornell.edu	209-818-1857
Secretary	Sanskriti (Sana) Gupta	SR	Sg749@cornell.edu	361-212-8247
Large Events Coordinator	Angelica Cullo	SO	Afc46@cornell.edu	845-399-8188
Event Coordinator - Series	Tiffany Guo	SR	Tg274@cornell.edu	347-330-0012
Campus Outreach	Cooper Walter	SO	Caw322@cornell.edu	209-678-4275
Campus Outreach- RAK	Won Young	SO	Wc478@cornell.edu	718-350-9884
Community Outreach	Erin Wang	SR	yw343@cornell.edu	435-363-5645
Public Relations	Nethan Reddy	SO	Nsr44@cornell.edu	571-354-9992
Publicity Chair	Eme Iban	JR	ejj5@cornell.edu	248-943-3263

Membership Chair	Giselle Rivera	JR	gmr56@cornell.edu	862-588-0582
Advisor	Casey Carr		kc64@cornell.edu	255-3897 (office) 266-9133 (cell)

### *C. History*

Increasing numbers of college students at Cornell University and across the country are reporting stress, symptoms of depression and other issues relating to mental health. Concerned about this trend and the lack of student-based mental health advocacy at Cornell, founder, Rahul Banerji '07, worked with a student executive board to create Cornell Minds Matter (CMM) in 2004.

After returning from a two-year mental health leave of absence, Rahul was disappointed with the services that Cornell's campus offered to students with mental illness. He also realized that there is lot of stigma surrounding mental illness that he himself had to deal with after being diagnosed with bipolar disorder. With these two ideas in mind, he formed a group that would help to promote knowledge about mental health and resources on campus, work to make Cornell a less stressful place, and de-stigmatize mental illness.

A few weeks later the first Minds Matter executive-board was selected. It consisted of six diverse individuals representing a variety of concerns on campus: Clara Yip, Laura Alves, Giselle Vitaliti, Stacey Forbes, Monica Neuffer and Gelsey Steinbrecher. For the remainder of the semester they planned events: Brain Blowout, an annual stress-relieving extravaganza, a panel discussion on mental health among students of Asian descent led by Dr. Wong at Gannett and a movie showing, "One Flew over the Cuckoo's Nest," followed by a student-led discussion. In the process they realized that the group was not just about mental illness, it also was about promoting mental health awareness on campus and providing ways for the average Cornell student to talk about and relieve stress that they dealt with on a day to day basis. The development of concrete techniques for stress reduction and healthy lifestyle was also emphasized.

Kent Hubbell, Dean of Students, was so excited about the mission of our group that he invited Cornell Minds Matter to be a student organization of the Dean of Students Office and asked Casey Carr to be the advisor. Since then CMM has created a solid constitution and a hard working staff of approximately 30 members and a listserv of over 2,000. In 2015 CMM received the Perkins Prize for Interracial Understanding & Harmony, and was a finalist for the Active Minds Healthy Campus Award. In the past CMM has been a recipient of the SOAR award (Student Organization Awards & Recognition), CMM students have been inducted into numerous Cornell honor societies and our advisor has been chosen as Outstanding Advisor of the Year. We have received Student Assembly funding for the past 9 years. CMM continues to find new and creative ways to promote mental health awareness and help students through the daily stress of college life.

Some of our recurring programming includes:

- Panel discussions and keynotes on mental health issues such as university policy, use of mental health resources, minorities and mental health, relationships, medication, and depression.
- **Dining With Diverse Minds and Dining with Diverse Leaders**
- Large lectures in Bailey Hall and Statler, which have included **Dan Savage, Post Secret, Kay Redfield Jamison, Jordan Burnham, Alison Malmon (Active Minds Founder) and Richard Kogan.**
- **Procrastinate at the Straight**, a monthly stress-relieving event in the Memorial Room of Willard Straight Hall.
- Stress relieving workshop series, such as **Positive Psychology, Creative Arts for health and well-being, Leave of Absence Support Group, Yoga, and Zumba.**
- Events in which students can interact with CAPS counselors and other faculty/staff, **Feel Good Fridays, Healthy & Disordered Eating**
- Social Events on and off campus
- Campus outreach such as **Random Acts of Kindness**, where members serve as a source of stress-relief by giving out candy and free hugs right before students enter their prelims.
- Community outreach such as **Starlight**, where students visit local adults with mental health challenges, and **Beverly J. Martin**, where students assist with afterschool programs for local youth.

Recently, many CMM's programs have been adopted by the Cornell administration:

- **Random Acts of Kindness**
- **How to Help a Friend** and **How to Help a Resident**, a workshop designed to help students recognize the signs and symptoms of depression in their friends.
- **Orientation for Student Returning from a Leave of Absence**, Orientation sessions for students returning from leave, often after dealing with extraordinary mental health issues,

In addition, as an organization that attempts to serve as a liaison between students, faculty, staff, and the administration on mental health issues, CMM has provided the student perspective by:

- Inviting Cornell Faculty, Staff, and students to have round table discussions at Dining with Diverse Minds/Leaders Events
- Participating in the **Council on Mental Health and Welfare** and coordinating closely with the **Student Assembly** and other Cornell organizations as well as being the student voice to the **Board of Trustees, Gannett Health Center, and university committees** regarding suicide, fences and general mental health policy.
- Facilitating the production/distribution of the **Faculty and Staff Handbooks on the Signs and Symptoms of Students in Distress.**
- Previewing and giving input on the administration-produced video on how students can notice and respond to peers in distress that will be shown during Orientation.
- Sending student representatives to interviews for Gannett's new Health Initiatives Coordinator position and Cornell's Nature Rx mental health initiative meetings

#### ***IV. Activities, Programming and Events in the Current Funding Cycle***

Cornell Minds Matter continues to improve and create new programs to promote mental health awareness and help students through the daily stress of college life. There are a variety of events that CMM provides that have helped CMM gain exposure and influence on campus and continues to expand every semester. The main types of events CMM holds are series, small and large events, and outreach. A list of specific upcoming events is provided in the appendix.

##### **Series programming includes:**

- *General Body Workshops*: These are our weekly sessions where we do a variety of activities from 6 week Positive Psychology workshops with lectures and small group discussions to inviting faculty and staff to present on an area of expertise such as Healthy eating, meditation, self-defense, Bystander training, making time for fitness, and combating negative thinking and self-injury.
- *Creative Arts for Health and Well-being*: 4-session workshop that will include a range of artistic activities relax, express themselves and develop social support.
- *Feel Good Fridays*: An informal lunch discussion series where faculty and staff are invited to lead a discussion and answer questions with students over free lunch on their area of expertise such as the importance of sleep, bipolar disorder, study skills, and mental health and social media.
- *Procrastinate at the Straight*: CMM organizes this event in WSH one Wednesday per month and brings activities such as free massages, arts and crafts, and Cornell Companions to provide an opportunity for students to relax and meet new people.
- *Yoga*: In coordination with Gannett, CMM organizes this free twice weekly yoga event on Central Campus open to all students.
- *Leave of Absence Group*: This weekly series offers a support group for students returning from a leave of absence to meet and discuss about specific stresses that students returning from leave face.
- *Healthy & Disordered Eating Series*: This speaker series brings guest speakers from the community and beyond to talk about a range of topics that will help you better understand and tackle challenges with disordered eating, and issues related to body image, food, and exercise.
- *Social Events*: Every weekend, CMM hosts 2 social events that provide students who may lack transportation, and are looking for alcohol-free activities or new social connections with the opportunity to explore Ithaca and the surrounding areas. Ex. ScienceCenter, Taughannock Park, Apple Festival, Farmer's Market.

##### **One-Time and Large Events include:**

- *Dining with Diverse Minds & Dining with Diverse Leaders*: These events have been immensely popular in the past and brought President Skorton and VP Susan Murphy to speak on important issues such as “Creating a Caring Cornell Community”.
  - Other topics have included alcohol use on campus, sexual violence, depression and suicide, veterans and PTSD.
  - Proposed topics include mentoring for leadership, Bystander training, Social Media, technology and mental Health, LGBTQ, and Disabilities.



- *Speakers*: CMM has co-sponsored with groups such as CUPB and ALANA for speaker who are in line with CMM's mission such as Frank Warren (Post Secret), Jamie Tworkowski (To Write Love on Her Arms), Dan Savage (LGBTQ issues).
- *Gratitude Day*: Encourage students to be grateful and provide them an opportunity to send thank-you cards to those whom they are grateful for free.
- *No Trick It's Treatable*: Event focused on raising awareness about the prevalence and stigma associated with mental health and illnesses by staking the Arts quad with mental health facts and distributing candy on Ho Plaza with additional informational stickers.

**Outreach events include:**

- *Tabling*: In the beginning of the year especially, CMM does a variety of tabling from Clubfest, the graduate student fair, and tabling on Ho plaza to increase awareness of mental health.
- *Freshmen Orientation Positive Psychology Event*: CMM organizes a Positive Psychology workshop during freshman and transfer orientation week to provide relaxation techniques and offer advice from upperclassmen. We will continue to distribute cookies to freshmen the first week to welcome them and increase their awareness of mental health resources.
- *Random Acts of Kindness*: CMM provides students with encouragement, high fives, and candy as students walk into their exams to reduce stress, lower anxiety levels, and improve test performance. This has expanded to include Random Acts of Culture which are impromptu performances by Cornell performance groups for fun and de-stressing.

**V. Financial Information** ~~~~~

**A. Historical**

**Expenses Fiscal Year 2013-2014**

	<b>Events Type</b>	<b>Expenses</b>	<b>Description</b>
1	Tabling Events	\$400	Outreach supporting Mental Health
2	Procrastinate at the Straight	\$3,000	Massage, Arts and Crafts, Supplies
3	Orientation and Welcome events	\$350	Approximately 6 Orientation Events
4	Social Events	\$2,000	40 Social events at \$50
5	General Body Events	\$750	30 General Body Programs
6	Series Events	\$3,500	L.O.A., F.G.F., Creativity & Mental Health, Yoga
7	Gratitude Events	\$1000	Lift Your Spirits, Cards, etc.
8	Big Red Chill – Study Break Events	0	Relaxation events
9	Dining With Diverse Minds/Leaders	\$4,000	3 Dining with Diverse Minds/Leaders
10	Community and Campus Outreach	\$700	Campus Workshops, Community Service
11	Staff Training, Retreats, Confs.	\$2,200	Staff Trainings, Active Minds Conf.
12	Office Supplies	\$200	Name Tags, Markers, Paper, etc.
13	Publications and Media	\$2,400	Publication, Posters, P.R. Items
	<b>Total:</b>	<b>\$20,500</b>	

**Cornell Minds Matter Income Fiscal Year 2013 – 2014**

Student Assembly	\$20,500
<b>Total</b>	<b>\$20,500</b>

**Expenses Fiscal Year 2014 - 2015**

	<b>Events Type</b>	<b>Expenses</b>	<b>Description</b>
1	Tabling Events	\$258.00	Outreach supporting Mental Health
2	Procrastinate at the Straight	\$2,988.00	Massage, Arts and Crafts, Supplies
3	Orientation and Welcome events	\$238.51	Approximately 6 Orientation Events
4	Social Events	\$1584.00	60 Social events at \$25
5	General Body Events	\$819.95	24 General Body Programs
6	Series Events	\$5998.05	L.O.A., F.G.F., Zumba, Yoga, Creativity & Mental Health, Journaling, H.D.E.
7	Gratitude Events	\$825.55	Lift Your Spirits, Cards, etc.
8	Big Red Chill – Study Break Events	\$0.00	Relaxation event in winter
9	Dining With Diverse Minds/Leaders	\$1641.58	3 Dining with Diverse Minds/Leaders
10	Community and Campus Outreach	\$1,796.10	Campus Workshops, Community Service
11	Staff Training, Retreats, Confs.	\$2,032.89	Staff Trainings, Active Minds Conf.
12	Office Supplies	\$485.71	Name Tags, Markers, Paper, etc.
13	Publications and Media	\$5513.97	Posters, P.R. Items, Publicity, Pubs
	<b>Total:</b>	<b>\$24,182.31</b>	

**Cornell Minds Matter Income Fiscal Year 2014 – 2015**

Student Assembly	\$24,182
<b>Total</b>	<b>\$24,182</b>

*ii. Event Breakdowns & Other Detailed Reporting (See appendix)*

**B. Projections with Current Funding (\$2.00 per student)**

**Expense Projections per Year 2016-2018**

	<b>Events Type</b>	<b>Expenses</b>	<b>Description</b>
1	Tabling Events	\$600	Outreach supporting Mental Health/Stress relief
2	Procrastinate at the Straight	\$3,000	Massage, Arts and Crafts, Supplies
3	Orientation and Welcome events	\$350	Approximately 6-10 Orientation Events
4	Social Events	\$2,000	80 Social events at \$25
5	General Body Events	\$750	30 General Body Programs
6	Series Events	\$6,000	L.O.A., F.G.F., Zumba, Creativity & Mental Health, Journaling, H.D.E.
7	Gratitude Events	\$1,000	Lift Your Spirits, Cards, etc.
8	Large Events	\$3,000	Speakers in Bailey/Statler
9	Dining With Diverse Minds/Leaders	\$4,500	4 Dining with Diverse Minds/Leaders
10	Community and Campus Outreach	\$2,000	Campus Workshops, Community Service
11	Staff Training, Retreats, Confs.	\$2,000	Staff Trainings, Active Minds Conf.
12	Office Supplies	\$600	Name Tags, Markers, Paper, etc.
13	Publications and Media	\$3,000	Publication, Posters, P.R. Items
	<b>Total:</b>	<b>\$28,800</b>	

**Cornell Minds Matter Income**

Student Assembly	\$28,800
<b>Total</b>	<b>\$28,800</b>

**ii. Projected Event Breakdowns (See appendix)**



**C. Projections with 10% Reduction (\$1.80 per student)**

**Expense Projections per Year 2016-2018**

	<b>Events Type</b>	<b>Expenses</b>	<b>Description</b>
1	Tabling Events	\$540	Outreach supporting Mental Health/Stress relief
2	Procrastinate at the Straight	\$2,700	Massage, Arts and Crafts, Supplies
3	Orientation and Welcome events	\$315	Approximately 6 Orientation Events
4	Social Events	\$1,800	72 Social events at \$25
5	General Body Events	\$675	25 General Body Programs
6	Series Events	\$5,400	L.O.A., F.G.F., Zumba, Creativity & Mental Health, H.D.E.
7	Gratitude Events	\$900	Lift Your Spirits, Cards, etc.
8	Large Events	\$2,700	Speakers in Bailey/Statler
9	Dining With Diverse Minds/Leaders	\$4,050	3-4 Dining with Diverse Minds/Leaders
10	Community and Campus Outreach	\$1,800	Campus Workshops, Community Service
11	Staff Training, Retreats, Confs.	\$1,800	Staff Trainings, Active Minds Conf.
12	Office Supplies	\$540	Name Tags, Markers, Paper, etc.
13	Publications and Media	\$2,700	Publication, Posters, P.R. Items
	<b>Total:</b>	<b>\$25,920</b>	

**Cornell Minds Matter Income**

<b>Student Assembly</b>	<b>\$25,920</b>
<b>Total</b>	<b>\$25,920</b>



**D. Projections with 25% Reduction (\$1.50 per student)**

**Expense Projections per Year 2016-2018**

	<b>Events Type</b>	<b>Expenses</b>	<b>Description</b>
1	Tabling Events	\$450	Outreach supporting Mental Health/Stress relief
2	Procrastinate at the Straight	\$2,250	Massage, Arts and Crafts, Supplies
3	Orientation and Welcome events	\$260	Approximately 4 Orientation Events
4	Social Events	\$1,500	60 Social events at \$25
5	General Body Events	\$565	20 General Body Programs
6	Series Events	\$4,500	L.O.A., F.G.F., Creativity & Mental Health, H.D.E.
7	Gratitude Events	\$750	Lift Your Spirits, Cards, etc.
8	Large Events	\$2,250	Speaker in Bailey/Statler
9	Dining With Diverse Minds/Leaders	\$3,375	3 Dining with Diverse Minds/Leaders
10	Community and Campus Outreach	\$1,500	Campus Workshops, Community Service
11	Staff Training, Retreats, Confs.	\$1,500	Staff Trainings, Active Minds Conf.
12	Office Supplies	\$450	Name Tags, Markers, Paper, etc.
13	Publications and Media	\$2,250	Publication, Posters, P.R. Items
	<b>Total:</b>	<b>\$21,600</b>	

**Cornell Minds Matter Income**

<b>Student Assembly</b>	<b>\$21,600</b>
<b>Total</b>	<b>\$21,600</b>



***E. Projections with 35% Reduction (\$1.30 per student)***

**Expense Projections per Year 2016-2018**

	<b>Events Type</b>	<b>Expenses</b>	<b>Description</b>
1	Tabling Events	\$390	Outreach supporting Mental Health/Stress relief
2	Procrastinate at the Straight	\$1,950	Massage, Arts and Crafts, Supplies
3	Orientation and Welcome events	\$225	Approximately 3 Orientation Events
4	Social Events	\$1,300	52 Social events at \$25
5	General Body Events	\$490	20 General Body Programs
6	Series Events	\$3,900	L.O.A., F.G.F., H.D.E.
7	Gratitude Events	\$650	Lift Your Spirits, Cards, etc.
8	Large Events	\$1,950	Speaker in Bailey/Statler
9	Dining With Diverse Minds/Leaders	\$2,925	2-3 Dining with Diverse Minds/Leaders
10	Community and Campus Outreach	\$1,300	Campus Workshops, Community Service
11	Staff Training, Retreats, Confs.	\$1,300	Staff Trainings, Active Minds Conf.
12	Office Supplies	\$390	Name Tags, Markers, Paper, etc.
13	Publications and Media	\$1,950	Publication, Posters, P.R. Items
	<b>Total:</b>	<b>\$18,720</b>	

**Cornell Minds Matter Income**

**Student Assembly \$18,720**  
**Total \$18,720**



**VI. Constitution** ~~~~~

**Article I: Organization**

- 1. The name of this organization will be designated as “Cornell Minds Matter” (CMM) as per the rules and regulations of Cornell University.

**Article II: Purpose**

- 1. To abate the stigmatization associated with and to combat the discrimination associated with mental illness on and off campus by providing an open forum for discussion of current pressing issues, careers, and resources pertaining to mental health.
- 2. To promote the understanding of values of caring for one’s own mental wellbeing and that of others by offering campus wide events including but not limited to speaker events, discussion panels and stress relief events.
- 3. To provide and maintain a liaison with Faculty Committees, and other student organizations pertaining to the mental health on and off campus.
  - a. This includes but is not limited to: CAPS, CUDA, EARS, Gannett Health Center, HAVEN, and the Office of the Dean of Students, Student Assembly, and Cornell University.
  - b. To provide a medium of communication between campus officials and students in the pursuit of forming a healthy and safe environment for students, staff and faculty with mental health issues.
- 4. Providing contact information to students for the location of support groups, and help resources pertaining to the needs of individual needs.
- 5. IMPORTANT: We are not here to diagnose or provide medical counsel or advice in any form but instead to promote awareness of mental health issues relevant to the Cornell Community.

**Article III: Membership**

- 1. Any registered, resident student of the Cornell University community whom is interested in the purpose of Cornell Minds Matter (CMM) is encouraged to become a member of the organization. Membership of the Executive Board and staff is subject to election procedures outlined in Article VI.
- 2. Non-student members are allowed and can be elected to the Executive Board as “Honorary Status”.
  - a. Honorary Executives of CMM will have no voting rights within the Executive Board, but will have voting rights within the general membership.
  - b. Honorary Executives of CMM are subject to removal via regulations listed in Article VII, Section 1 and 2.

**Article IV: Membership Requirements and Limitations**

- 1. The requirements of each individual on the Executive Board are outlined in Article V.
- 2. All Executive Board members are expected to attend regular Executive Board Meetings.
  - a. Absences from these meetings are subject to evaluation outlined in Article VII, Section 4.
- 3. Each Executive Board and staff member will have only one (1) vote when acting on any form of club business.

4. Staff members are welcome to attend all Executive Board Meetings.
  - a. Staff members will have the opportunity to speak when given the floor by the President.
  - b. Staff members will have the opportunity to vote on any business that goes on during the Executive Board Meeting.
  - c. When given the floor to speak, a staff member may express his/her opinion to the Executive Board for consideration when deciding on action pertaining to any club business.
5. Staff members are able to join any teams outlined in Article V: Section 11.

#### **Article V: Executive Board**

1. President:
  - a. Will work with all Executive Board members to facilitate administrative and general functioning of the organization as a whole and act as a representative of the club to the Cornell community.
    - i. Facilitator of all Executive Board Meetings. Sets a day and time when it is convenient for all members of the Executive Board to attend meetings and create and post an agenda for each meeting.
    - ii. In the event of members being unable to attend Executive Board Meetings, The President will set a day and time when quorum (2/3 attendance) can be met by the Executive Board.
  - b. Term of Service will be One Academic Year (June 1- May 31)
2. Vice President of Events:
  - a. Will work with Event Coordinators along with President, Treasurer, and Publicity Chair to facilitate smooth operation of all events by overseeing and being involved with early planning, and execution of all plans for events.
  - b. In the event of the absence of the President, the Vice President of Events shall facilitate all meetings during the absence.
  - c. Term of Service will be One Academic Year (June 1- May 31)
3. Vice President of Campus and Community Outreach:
  - a. Will work with Campus Outreach Coordinator, Community Outreach Coordinator and Public Relations Chair to provide members with effective programs and service opportunities on and off campus that fulfill the goals and objectives of Cornell Minds Matter (CMM).
  - b. Will work with the Public Relations Chair to advertise our organization as an entity and help to spread the importance of mental health awareness.
  - c. Term of Service will be One Academic Year (June 1- May 31)
4. Treasurer:
  - a. Will work with the entire Executive Board to ensure accurate and appropriate funding for yearly programming.
    - i. Will apply for funding from the SAFC and SA per availability of funds for the year pertaining to club business.
    - ii. Application and budget process for all event specific funding sources are the responsibility of the Event coordinators and Event chairs. The



Treasurer will review all budget material and facilitate reimbursement and billing.

- b. Prepare an annual budget including all secured grants and funds available for organization use.
  - c. Handles all payments, reimbursements, and monetary affairs of the club and its' Executive Board Members.
  - d. Term of Service will be One Academic Year (June 1- May 31)
5. Secretary:
- a. Responsible for monitoring and recording the minutes of each meeting.
  - b. Books necessary venues for meetings if necessary.
  - c. Responsible for Master Calendar.
  - d. Act as Club Archivist.
  - e. Term of Service will be One Academic Year (June 1- May 31)
6. Public Relations Chair
- a. Oversees all orientation fairs as well as in charge of all club history and details of past events.
  - b. Oversees involvement in co-sponsored events as well as talks and presentations in which other organizations have requested our presence.
  - c. Responsible for the Cornell Minds Matter (CMM) list serve.
7. Publicity Chair
- a. Responsible for planning and execution of a successful advertisement campaign for the recruitment of new members as well as all publicizing for all general and community events in any form that the club sees beneficial. Including but not limited to Posters, Banners, *Cornell Daily Sun* ads, Chalking and list serves.
8. Campus Outreach Chair
- a. Responsible for the planning and execution of a minimum of four (4) outreach events/semester including all aspects of said events.
9. Community Outreach Chair
- a. Act as a liaison between CMM and the non-academic community surrounding Cornell by building relationships with local peoples and programs to better the knowledge of programs on and off campus for both the academic and non-academic community members.
10. Event Coordinators
- a. Responsible for the planning and execution of all main club events by working closely with the executive board to create meaningful and well planned events that coincide with the mission and objectives of Cornell Minds Matter (CMM).
11. Each officer has the right to a team to help in the successful progress of the organization.
- a. Appointment of an appropriate number of team members is left to the judgment of each Executive Board Member.
    - i. Tasks will be delegated to each team member in a likewise manner
  - b. Team member's voices are heard through the team leader.
  - c. All team members are expected to attend all team meetings.

**Article VI: Election Procedures**

1. Election of Executive Board Members will be held in March of every academic year.
2. Elections are open to all members of CMM that are registered undergraduate students.
  - a. The positions of President and Vice Presidents are only open to existing Executive Board Members or staff members that have spent at least one (1) full semester on a team and have worked closely to the Executive Board.
  - b. All other Executive Board positions are open to all members of CMM.
  - c. Applicants for an Executive Board position are required to fill out an application form to be reviewed by the Executive board at least one (1) week prior to elections or date specified.
3. Nomination Procedures:
  - a. Nominations of members to run for Executive Board are accepted at any time during the pre-election period.
    - i. Upon acceptance of any nomination, the nominee must file an application to run for review by the Executive Board.
4. Election Procedures:
  - a. During the day of elections, as set by the Executive Board, each candidate for election will have a chance to verbally express his/her reasons for running for an Executive Board position including a plan for the future success of CMM, as well as past commitments to CMM and other student organizations and the Executive Board and staff members will have the opportunity to ask questions of the applicant if necessary.
    - i. Students running for any position will leave the room when another member running for the same position is expressing his/her interest.
    - ii. Members running for any given position will have no vote on that position.
  - b. Discussion of all candidates will follow after all candidates have expressed their individual opinion.
    - i. Candidates will not be present during this stage of the election.
    - ii. Any member of the Executive Board not present for the entirety of the Verbal Expression or Discussion stage of elections will not vote on that officer.
  - c. Ballot sheets will be distributed to all Executive Board and staff members present at the time of elections.
    - i. Quorum is 2/3 of the Executive Board and staff members and must be met on Election Day.
  - d. Each member present at elections will have one (1) vote per position being elected.
    - i. Majority vote elects and is final.
  - e. Once elected the candidates may return to the discussion and the “Position Elect” will be announced to all members in attendance.
5. Emergency Election Procedures:
  - a. In the event of resignation or removal of an Executive Board Member, outlined in Section VII, emergency elections will take place.

- i. In the event of a resignation or removal, any member may step up to take the place of said Executive Board Member.
- ii. Election procedures shall proceed according to the outlined procedures above.

**Article VII: Resignation and/or Removal of Executive Members**

1. To consider the removal of any Executive Board Member for any valid reason will require signed petition with a minimum of 50% of Executive Board signatures.
2. Once a petition has been brought to the Executive Board by any member, a 2/3 vote is required to remove any member from office.
  - a. Discussion of removal of any board meeting will take place before voting begins.
3. Any Executive Board member wishing to resign from office may do so with a notice of at least two (2) weeks.
4. If any Executive Board Member is absent from club functions including Executive Board meetings and Events, he/she may be evaluated by the Executive Board for removal.
  - a. In this event, normal removal procedures will be taken by the Executive Board as outlined above.
5. Upon removal or resignation of an Executive Board Member, Emergency Election Procedures will take place as outlined in Article VI; Section 5.

**Article VIII: Executive Board Meetings**

1. Meetings will be called for by the Executive Board President at a rate that is consistent with the needs of the organization.
2. Meetings will not be less than one (1) per month and will not exceed six (6) per month.
3. All business of the organization must be carried out with no less than quorum present at each meeting.
4. Petition of any Executive Board Member to explain his/her actions pertaining to the club are accepted from any individual (Executive Board or staff).
  - a. Only one signature is needed to take action on a petition of this type.
  - b. The actions of said Executive Board Member will be explained by said Executive Board Member and discussed with all present in the “Old Business” section of an Executive Board Meeting within 2 weeks of petition.
  - c. Action on said Executive Board Member will abide by all regulations stated in Article VII.

**Article IX: Team Meetings**

1. Team meetings should occur at a rate that is consistent with the needs of the team. However, the number of meetings for a team will not be less than one (1) per month.

**Article X: Amendments**

1. At any time during the academic year, if deemed necessary by any member of CMM, staff or Executive Board, amendments and changes to this constitution can be made by bringing a written proposal to the Executive Board during the “New Business” section of the Executive Board Meeting.
2. Amendments/Changes to the CMM constitution will be passed by a 2/3 vote of Executive Board and staff member quorum.

Day	Date	Time	Name of Event	Location	Contact	# of People	\$\$\$
Mon	17-Aug	1-4pm	R.A. Fair	Robert Purcell Community Center	Sophie	100's	
Sun	23-Aug	3-4pm	Freshman Orientation: 4 Steps to Happiness	Appel Commons	Kathleen, Sophie	62	
Mon	24-Aug	11:00 AM - 12:30 PM	Graduate Student Orientation Tabling	Barton Hall	Cooper	100's	
Mon	24-Aug	5-6pm	Leave of Absence Orientation	WSH 2nd Floor Conference Room	Julie M.	14	
Tue	25-Aug		FIRST DAY OF CLASSES				
Thu	27-Aug	4:30-5:30pm	Leave of Absence Orientation	WSH International Lounge	Julie	24	
Sat	29-Aug	1pm-	Social Event: Stewart Park	WSH Parking Lot	Lena	x	
Sun	30-Aug	11am-5pm	Staff Retreat	WSH Art Gallery + Memorial Room	Kathleen, Natasha	49	
Mon	31-Aug	5-6:15pm	Yoga	WSH Garden Room	Jamie, Yawen	36	
Tue	1-Sep	3-5pm	Outreach: Starlight Community Service	WSH Parking Lot	Alex, Cooper, Nethan, Heather	4	
Tue	1-Sep	6:30-8:30	Bear Walk Tabling	400 College Ave.	Matt F	100's	
Wed	2-Sep	5-6pm	Zumba	WSH 5th Floor Lounge	Julie M, Alexandria	25	
Wed	2-Sep	7-8pm	Outreach: Happiness 101	Tatkon Center	Kathleen	7	
Thu	3-Sep	4:30-5:30pm	Leave of Absence Group Meeting	WSH 2nd Floor Conference Room	Casey	10	
Thu	3-Sep	5-6:15pm	Yoga	WSH Garden Room	Won Young, Grace	31	
Sat	5-Sep	1pm-	Social Event: Treman Park	WSH Parking Lot	Lena, WY, Madeleine, Sana	23	
Sat	5-Sep	7:30-11pm	Social Event: Contra Dance	WSH Memorial Room	Casey	203	
Sun	6-Sep	1-4pm	Club Fest	Barton Hall	Kathleen, Cooper, Won Young	100's	
Mon	7-Sep		LABOR DAY				
Tue	8-Sep	4-6pm	Outreach: Starlight Community Service	WSH Parking Lot	Alex	8	
Tue	8-Sep	4:30-5:30pm	Healthy Life Skills Workshop: 4 Steps to Happiness	WSH 5th Floor Lounge	Evan, Matt, Julia, Jamie, Nina	22	
Wed	9-Sep	5-6pm	Zumba	WSH 5th Floor Lounge	Julie M	16	
Wed	9-Sep	6-9pm	Procrastinate at the Straight	WSH Lobby	Gabby, Sana, Shamaya, Annelise,	100's	
Wed	9-Sep	7-8pm	Creativity and Well-Being	WSH Slope Studio	Grace, Jamie, Matt I.	13	
Thu	10-Sep	4:30-5:30pm	Leave of Absence Group Meeting	WSH 2nd Floor Conference Room	Casey	7	
Thu	10-Sep	5-6:15pm	Yoga	WSH Garden Room	Tiffany	30	
Sat	12-Sep	8:20am-	Social Event: Dragon Boats at Cass Park	WSH Parking Lot	Matt, Kathleen		
Sat	12-Sep	7:30-11pm	Social Event: English Country Dance	WSH 5th Floor Lounge	Casey		
Sun	13-Sep		Social Event: Porch Fest	WSH Parking Lot	Grace, Won Young		

Mon	14-Sep	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Mon	14-Sep	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Tue	15-Sep	4-6pm	Outreach: Starlight Community Service	WSH Parking Lot	Alex		
Tue	15-Sep	4:30-5:30pm	Healthy Life Skills Workshop: Relationships, with Greg Eells	WSH 5th Floor Lounge	Evan		
Wed	16-Sep	5-6pm	Zumba	WSH 5th Floor Lounge	Julie M		
Wed	16-Sep	7-8pm	Creativity and Well-Being	WSH Slope Studio	Tiffany		
Thu	17-Sep	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin, Nina, Shamaya		
Thu	17-Sep	4:30-5:30pm	Leave of Absence Group Meeting	WSH 2nd Floor Conference Room	Casey		
Thu	17-Sep	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Fri	18-Sep	12:20-1:10pm	Feel Good Friday: Perfectionism – Friend or Foe? with Wai-Kwong Wong	WSH International Lounge	Lizzie, Julie M. Gabby, Jamie,		
Sat	19-Sep	3-4pm	New Staff Member Training	WSH 2nd Floor Conference Room	Tony, Matt F		
Sat	19-Sep	5pm-	Social Event: Beebe Lake Canoeing with COE	WSH Parking Lot	Lizzie, Solomon		
Sun	20-Sep	12-2pm	Staff Meeting	WSH 5th Floor Lounge	Matt		
Mon	21-Sep	11am-3pm	World Gratitude Day	Ho Plaza	Kathleen, Cooper, Won Young,		
Mon	21-Sep	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
	21-Sep	5-6pm	Student Mental Health Reps		Matt, Kathleen, Natasha		
Mon	21-Sep	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Mon.	21-Sep	7:30-8:30pm	Healthy and Disordered Eating: Jamie Silverstein "Beyond the Body: Eating	WSH Memorial Room	Grace, Sophie, Madeleine, Camille,		
Tue	22-Sep	4-6pm	Outreach: Starlight Community Service	WSH Parking Lot	Alex		
Tue	22-Sep	4:30-5:30pm	Healthy Life Skills Workshop: Combatting Negative Thoughts with Janis Whitlock	WSH 5th Floor Lounge	Evan		
Tue	22-Sep	6:30	First of 16 dates for Random Acts of Kindness	Meet in 2nd Floor Center WSH	Won Young		
Wed	23-Sep	5-6pm	Zumba	WSH 5th Floor Lounge	Julie M		
Wed	23-Sep	7-8pm	Creativity and Well-Being	WSH Slope Studio	Tiffany		
Thu	24-Sep	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Thu	24-Sep	4:30-5:30pm	Leave of Absence Group Meeting	WSH 2nd Floor Conference Room	Casey		
Thu	24-Sep	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Thu	24-Sep	7-8:30pm	How to Get Into Psych Grad School with Michael Goldstein + Jane Mendl		????		

Fri	25-Sep	12:20-1:10pm	Feel Good Friday: When Words Fail – Music & Mental Health with Ron Hoy	WSH International Lounge	Lizzie		
Sun	27-Sep	12pm-	Social Event: Guided Meditation Walk	WSH Parking Lot	Nethan, Evan Jon		
Mon	28-Sep	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Mon	28-Sep	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Tue	29-Sep	4-6pm	Outreach: Starlight Community Service	WSH Parking Lot	Alex		
Tue	29-Sep	4:30-5:30pm	Healthy Life Skills Workshop: Optimism and Gratitude	WSH 5th Floor Lounge	Evan		
Wed	30-Sep	5-6pm	Zumba	WSH 5th Floor Lounge	Julie M		
Wed	30-Sep	7-8pm	Creativity and Well-Being	WSH Slope Studio	Tiffany		
Thu	1-Oct	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Thu	1-Oct	4:30-5:30pm	Leave of Absence Group Meeting	WSH 2nd Floor Conference Room	Casey		
Thu	1-Oct	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Fri	2-Oct	12:20-1:10pm	Feel Good Friday: Cultivating Resilience with Greg Eells	WSH International Lounge	Lizzie		
Sat	3-Oct	12:45pm-	Social Event: AppleFest	WSH Parking Lot	Lena		
Sat	3-Oct	7:30-11pm	Social Event: Contra Dance	WSH Memorial Room	Casey		
Mon	5-Oct	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Mon	5-Oct	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Mon	5-Oct	7:30 - 8:30	Healthy and Disordered Eating: Dr. Sue Travis, "How a paren'ts	WSH Art Gallery	Grace, Sophie, Madeleine, Camille,		
Tue	6-Oct	4-6pm	Outreach: Starlight Community Service	WSH Parking Lot	Alex		
Tue	6-Oct	4:30-5:30pm	Healthy Life Skills Workshop: What is Your Dream? Create a Vision Board	WSH 5th Floor Lounge	Evan		
Wed	7-Oct	5-6pm	Zumba	WSH 5th Floor Lounge	Julie M		
Thu	8-Oct	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Thu	8-Oct	4:30-5:30pm	Leave of Absence Group Meeting	WSH 2nd Floor Conference Room	Casey		
Thu	8-Oct	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Sat	10-Oct	12:45pm-	Social Event: Farmer's Market	WSH Parking Lot	Julie jyc57?		
Sat-Tue	10/10-10/13		FALL BREAK - More social events?				
Tue	13-Oct	4-6pm	Outreach: Starlight Community Service	WSH Parking Lot	Alex		
Wed	14-Oct	6-9pm	Procrastinate at the Straight	WSH Lobby	Gabby		
Thu	15-Oct	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Thu	15-Oct	4:30-5:30pm	Leave of Absence Group Meeting	WSH 2nd Floor Conference Room	Casey		
Thu	15-Oct	5-6:15pm	Yoga	WSH Garden Room	Tiffany		

Fri	16-Oct	8:00 PM	Post Secret: Frank Warren	Bailey Hall	Angelica, Heather, Julia, Matt I, Sana,		
Sat	17-Oct		Social Event: Horticultural Therapy Event	WSH Parking Lot	Lena		
Sat	17-Oct	3-4pm	New Staff Member Training	WSH 2nd Floor Conference Room			
Sun	18-Oct	12-2pm	Staff Meeting	WSH 5th Floor Lounge	Matt		
Mon - Firi	18 - 23	11-2 PM	Mental Health Awareness Outreach Tabling	Ho Plaxza or WSH Lobby	Kathleen		
Mon	19-Oct	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Mon	19-Oct	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Mon	19-Oct	7:30-8:30pm	Healthy and Disordered Eating:Randy Patterson, "Who Gets Eating	WSH Art Gallery	Grace, Sophie		
Tue	20-Oct	4-6pm	Outreach: Starlight Community Service	WSH Parking Lot	Alex		
Tue	20-Oct	4:30-5:30pm	Healthy Life Skills Workshop: Relax for Success	WSH 5th Floor Lounge	Evan		
Wed	21-Oct	5-6pm	Zumba	WSH 5th Floor Lounge	Julie M		
Thu	22-Oct	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Thu	22-Oct	4:30-5:30pm	Leave of Absence Group Meeting	WSH 2nd Floor Conference Room	Casey		
Thu	22-Oct	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Fri	23-Oct	5-7pm	DWDM: Meet Our New Administrator Ryan Lombardi	WSH Memorial Room	Natasha		
Sat	24-Oct	1pm-	Social Event: Ringwood Raceway Go-Kart	WSH Parking Lot	Lena		
Mon	26-Oct	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Mon	26-Oct	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Tue	27-Oct	3-5pm	Outreach: Starlight Community Service	WSH Parking Lot	Alex		
Tue	27-Oct	4:30-5:30pm	Healthy Life Skills Workshop: Being Part of Social Change - Active	WSH 5th Floor Lounge	Evan		
Wed	28-Oct	5-6pm	Zumba	WSH 5th Floor Lounge	Julie M		
Thu	29-Oct	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Thu	29-Oct	4:30-5:30pm	Leave of Absence Group Meeting	WSH 2nd Floor Conference Room	Casey		
Thu	29-Oct	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Fri	30-Oct	11am-4pm	No Trick It's Treatable	Ho Plaza	Kathleen		
Fri	30-Oct	12:20-1:10pm	Feel Good Friday: Vivian Zayas	WSH International Lounge	Lizzie		
Sun	1-Nov	7pm-	Social Event: Science Center and Purity Ice Cream	WSH Parking Lot	Lena		
Mon	2-Nov	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Mon	2-Nov	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Mon	2-Nov	7:30-8:30pm	Healthy and Disordered Eating:	WSH Art Gallery	Grace, Sophie		
Tue	3-Nov	4-6pm	Outreach: Starlight Community Service	WSH Parking Lot	Alex		

Tue	3-Nov	4:30-5:30pm	Healthy Life Skills Workshop: Becoming an Effective Leader	WSH 5th Floor Lounge	Evan		
Wed	4-Nov	5-6pm	Zumba	WSH 5th Floor Lounge	Julie M		
Thu	5-Nov	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Thu	5-Nov	4:30-5:30pm	Leave of Absence Group Meeting	WSH 2nd Floor Conference Room	Casey		
Thu	5-Nov	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Fri	6-Nov	12:20-1:10pm	Feel Good Friday:	WSH International Lounge	Lizzie		
Fri	6-Nov	7:15pm-	Social Event: Fuertes Observatory		Lena		
Sat	7-Nov	7:30-11pm	Social Event: Contra Dance	WSH Memorial Room	Casey		
Mon	9-Nov	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Mon	9-Nov	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Tue	10-Nov	4-6pm	Outreach: Starlight Community Service	WSH Parking Lot	Alex		
Tue	10-Nov	4:30-5:30pm	Healthy Life Skills Workshop: Find Clarity with Journal Writing	WSH 5th Floor Lounge	Evan		
Wed	11-Nov	5-6pm	Zumba	WSH 5th Floor Lounge	Julie M		
Wed	11-Nov	6-9pm	Procrastinate at the Straight	WSH Lobby	Gabby		
Thu	12-Nov	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Thu	12-Nov	4:30-5:30pm	Leave of Absence Group Meeting	WSH 2nd Floor Conference Room	Casey		
Thu	12-Nov	5-6:15pm	Yoga	WSH Garden Room?	Tiffany		
Fri	11-Nov	5-7PM	Dining With Diverse Minds LGBT (this is tentative)	Bear's Den	Natasha, Nethan, WY, Julie M. Lena		
Fri-Sun	11/13-11/15		Active Minds Conference	California			
Fri	13-Nov	12:20-1:10pm	Feel Good Friday: Mike Chen: Time Management, Test Prep and	WSH International Lounge	Lizzie		
Sat	14-Nov	11:45am-	Social Event: Farmer's Market	WSH Parking Lot	Lena		
Mon	16-Nov	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Mon	16-Nov	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Mon	16-Nov	7:30-8:30pm	Healthy and Disordered Eating:Elizabeth Schneider, "A Dieter	WSH Art Gallery	Grace, Sophie		
Tue	17-Nov	4-6pm	Outreach: Starlight Community Service	WSH Parking Lot	Alex		
Tue	17-Nov	4:30-5:30pm	Healthy Life Skills Workshop: Notice and Respond – Friend 2 Friend	WSH 5th Floor Lounge	Evan		
Wed	18-Nov	5-6pm	Zumba	WSH 5th Floor Lounge	Julie M		
Thu	19-Nov	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Thu	19-Nov	4:30-5:30pm	Leave of Absence Group Meeting	WSH 2nd Floor Conference Room	Casey		



Thu	19-Nov	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Fri	20-Nov	12:20-1:10pm	Feel Good Friday: Tanzeem Choudhury: Mobile Apps for Mental	WSH International Lounge	Lizzie		
Sat	21-Nov	6:30pm-	Dinner at Saigon Kitchen	WSH Parking Lot	Lena		
Sat	21-Nov	3-4pm	New Staff Member Training	WSH 2nd Floor Conference Room	Giselle?		
Sun	22-Nov	12-2pm	Staff Meeting	WSH 5th Floor Lounge	Matt, Kathleen, Natasha		
Mon	23-Nov	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Mon	23-Nov	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Tue	24-Nov	4-6pm	Outreach: Starlight Community Service	WSH Parking Lot	Alex		
Wed-Sun	11/25-11/29		THANKSGIVING BREAK				
Sat	28-Nov	6:30pm-	Social Event: Karaoke at K-House	WSH Parking Lot	Lena		
Mon	30-Nov	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Mon	30-Nov	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Tue	1-Dec	4-6pm	Outreach: Starlight Community Service	WSH Parking Lot	Alex		
Thu	3-Dec	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Thu	3-Dec	4:30-5:30pm	Leave of Absence Group Meeting	WSH 2nd Floor Conference Room	Casey		
Thu	3-Dec	5-6:15pm	Yoga	WSH Garden Room	Tiffany		
Fri	4-Dec		LAST DAY OF CLASSES				
Sat-Tue	12/5-12/8		STUDY PERIOD				
Sat	5-Dec	1pm-	Lazer Tag at Ithaca Mall	WSH Parking Lot	Lena		
Sat	5-Dec	7:30-11pm	Social Event: Contra Dance	WSH Memorial Room	Casey		
Sun	6-Dec	12-3pm	Staff Party and Next Semester Planning	WSH 5th Floor Lounge	Matt, Kathleen, Natasha		
Mon	7-Dec	3:30-5:15pm	Outreach: BJM Community Service	WSH Parking Lot	Erin		
Mon	7-Dec	5-6:15pm	Yoga	WSH Garden Room?	Tiffany		
Tue	8-Dec	4-6pm	Outreach: Starlight Community Service	WSH Parking Lot	Alex		
Wed-Sat	12/9-12/12		SCHEDULED EXAMS (PART 1)				
Sat	12-Dec	2pm-	Social Event: Johnson Museum	WSH Parking Lot	Lena		
Sun	13-Dec		STUDY DAY				
Mon-Thu	12/14-12/17		SCHEDULED EXAMS (PART 2)				

## Cornell Minds Matter: Spring 2015 List of Events

Day	Date	Time	Name of Event	Location	Contact	# of People
Mon	1/19/2015	1-3pm	Resource Fair Transfer Orientation	West Campus	Casey	100's
Wed	1/21/2015		FIRST DAY OF CLASSES			
Thu	22-Jan	4:30-5:30pm	Return from Leave of Absence Orientation	WSH International Lounge	Casey	30
Thu	22-Jan	6-8pm	Facilitator Training for DWDM: Faces of Faith	WSH 5th Floor Lounge	Natasha	31
Sat	24-Jan	11am-4:30pm	Retreat	WSH International Lounge	Angelica	28
Sat	24-Jan	7:30-11pm	Social Event: Contra Dance	WSH Memorial Room	Lena	196
Sun	25-Jan	1-4pm	Outreach: ClubFest	Barton Hall	Erica Miller	100's
Mon	26-Jan	5-7pm	DWDM: Faces of Faith	WSH Memorial Room	Natasha	96
Tue	27-Jan	4:30-5:30pm	Healthy Life Skills Workshop: Meet and Greet	WSH 5th Floor Lounge	Matt, Julia, Evan	23
Wed	28-Jan	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	3
Wed	28-Jan	5-6pm	Zumba	WSH 5th Floor Lounge	Julie, Victoria	15
Thu	29-Jan	4:30-5:30pm	Return from Leave of Absence	WSH 2nd Floor Conference Room	Casey	12
Thu	29-Jan	8-9pm	Outreach: West Campus	Carl Becker House	Erica Miller	8
Sat	31-Jan	1pm-	Social Event: Barski's Xtreme Lazer Tag	WSH Parking Lot	Lena	7

## Cornell Minds Matter: Spring 2015 List of Events

Day	Date	Time	Name of Event	Location	Contact	# of People
Tue	3-Feb	4:30-5:30pm	Healthy Life Skills Workshop	WSH 5th Floor Lounge	Matt, Julia, Evan	12
Wed	4-Feb	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	4
Wed	4-Feb	5-6pm	Zumba	WSH 5th Floor Lounge	Julie, Victoria	21
Wed	4-Feb	7-8:30pm	Creative Arts	WSH Slope Studio	Tiffany, Yawen	12
Thu	5-Feb	4:30-5:30pm	Return from Leave of Absence	WSH 2nd Floor Conference Room	Casey	8
Thu	5-Feb	5-6:15pm	Yoga	WSH Garden Room	Nethan	32
Fri	6-Feb	12:20-1:10pm	Feel Good Friday: Professor Ong on Positive Emotions	WSH International Lounge	Carolyn	
Sat	7-Feb	11:30am-1pm	Social Event: ChiliFest!	WSH Parking Lot	Lena	21
Mon	9-Feb	5-6:15pm	Yoga	WSH Garden Room	Abby, Eme	26
Tue	10-Feb	4:30-5:30pm	Healthy Life Skills Workshop	WSH 5th Floor Lounge	Matt, Julia, Evan	27
Wed	11-Feb	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	4
Wed	11-Feb	5-6pm	Zumba	WSH 5th Floor Lounge	Julie, Victoria	19
Wed	11-Feb	6-9pm	Procrastinate at the Straight	WSH Lobby	Gabby	100's
Wed	11-Feb	7-8:30pm	Creative Arts	WSH Slope Studio	Tiffany, Yawen	11

## Cornell Minds Matter: Spring 2015 List of Events

Day	Date	Time	Name of Event	Location	Contact	# of People
Thu	12-Feb	4:30-5:30pm	Return from Leave of Absence	WSH 2nd Floor Conference Room	Casey	9
Thu	12-Feb	5-6:15pm	Yoga	WSH Garden Room	Nethan	30
Sat-Tue	14-Feb		FEBRUARY BREAK			
Sat	14-Feb	7pm-	Social Event: Ice Skating at Cass Park	WSH Parking Lot	Lena	21
Mon	16-Feb	1pm-	Social Event: Dinner at Moosewood	WSH Parking Lot	Lena	21
Tue	17-Feb	10:30am-12pm	Social Event: Synchrotron Tour	Trillium	Lena	30
Wed	18-Feb	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	3
Wed	18-Feb	5-6pm	Zumba	WSH 5th Floor Lounge	Julie, Victoria	21
Wed	18-Feb	7-8pm	Facilitator Training for DWDM: Sexual Violence	WSH 5th Floor Lounge	Natasha	30
Wed	18-Feb	7-8:30pm	Creative Arts	WSH Slope Studio	Tiffany, Yawen	13
Thu	19-Feb	4:30-5:30pm	Return from Leave of Absence	WSH 2nd Floor Conference Room	Casey	8
Thu	19-Feb	5-6:15pm	Yoga	WSH Garden Room	Nethan	25
Fri	20-Feb	5-7pm	DWDM: Sexual Violence	WSH Memorial Room	Natasha	120
Sat	21-Feb	12-2pm	All-Staff Meeting	WSH International Lounge	Angelica	31

## Cornell Minds Matter: Spring 2015 List of Events

Day	Date	Time	Name of Event	Location	Contact	# of People
Sat	21-Feb	7:30-11pm	Social Event: Contra Dance	WSH Memorial Room	Lena	185
Mon	23-Feb	5-6:15pm	Yoga	WSH Garden Room	Abby, Eme	21
Mon	23-Feb	7:30-8:30pm	Healthy and Disordered Eating: Amanda Symons and Lauren Nickerson	WSH Art Gallery	Angelica	19
Tue	24-Feb	4:30-5:30pm	Healthy Life Skills Workshop: Emotional Regulation with Dr. Greg Fells	WSH 5th Floor Lounge	Matt, Julia, Evan	13
Wed	25-Feb	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	3
Wed	25-Feb	5-6pm	Zumba	WSH 5th Floor Lounge	Julie, Victoria	21
Wed	25-Feb	7-8:30pm	Creative Arts	WSH Slope Studio	Tiffany, Yawen	8
Thu	26-Feb	4:30-5:30pm	Return from Leave of Absence	WSH 2nd Floor Conference Room	Casey	12
Thu	26-Feb	5-6:15pm	Yoga	WSH Garden Room	Nethan	19
Fri	27-Feb	12:20-1:10pm	Feel Good Friday: Paul Soper, Penny Krainin: Neurodiversity and Social Strategies	WSH International Lounge	Carolyn	34
Sat	28-Feb	3-4pm	New Staff Member Training	WSH 2nd Floor Conference Room	Giselle	8
Sun	1-Mar	1-3pm	Social Event: Science Center	WSH Parking Lot	Lena	16
Mon	2-Mar	5-6:15pm	Yoga	WSH Garden Room	Abby, Eme	29
Mon	2-Mar	7:30-8:30pm	Healthy and Disordered Eating: Group Discussion on Diets	WSH Art Gallery	Angelica	42

## Cornell Minds Matter: Spring 2015 List of Events

Day	Date	Time	Name of Event	Location	Contact	# of People
Tues	3-Mar	4:30-5:30pm	Healthy Life Skills Workshop: Distress Tolerance with Janis Whitlock	WSH 5th Floor Lounge	Matt, Julia, Evan	19
Wed	4-Mar	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	4
Wed	4-Mar	5-6pm	Zumba	WSH 5th Floor Lounge	Julie, Victoria	21
Wed	4-Mar	7-8:30pm	Creative Arts	WSH Slope Studio	Tiffany, Yawen	12
Thu	5-Mar	4:30-5:30pm	Return from Leave of Absence	WSH 2nd Floor Conference Room	Casey	9
Thu	5-Mar	5-6:15pm	Yoga	WSH Garden Room	Nethan	24
Thu	5-Mar	8-9pm	Outreach: West Campus	Carl Becker House	Erica Miller, Matt, Erica Masler	20
Fri	6-Mar	12:20-1:10pm	Feel Good Friday: Joanne DiGiacomo on Alcoholism and Bipolar Disorder	WSH International Lounge	Carolyn	x
Sat	7-Mar		Social Event: Waffle Frolic and Cinemapolis	WSH Parking Lot	Lena	14
Mon	9-Mar	5-6:15pm	Yoga	WSH Garden Room	Abby, Eme	30
Mon	9-Mar	7:30-8:30pm	Healthy and Disordered Eating: Dr. Cristen Haltom	WSH Art Gallery	Angelica	32
Tues	10-Mar	4:30-5:30pm	Healthy Life Skills Workshop: "Snap" Performance by Regi Carpenter	WSH 5th Floor Lounge	Matt, Julia, Evan	26
Wed	11-Mar	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	4
Wed	11-Mar	5-6pm	Zumba	WSH 5th Floor Lounge	Julie, Victoria	26

## Cornell Minds Matter: Spring 2015 List of Events

Day	Date	Time	Name of Event	Location	Contact	# of People
Wed	11-Mar	6-9pm	Procrastinate at the Straight	WSH Lobby	Gabby	100's
Wed	11-Mar	7-8:30pm	Creative Arts	WSH Slope Studio	Tiffany, Yawen	8
Thu	12-Mar	4:30-5:30pm	Return from Leave of Absence	WSH 2nd Floor Conference Room	Casey	8
Thu	12-Mar	5-6:15pm	Yoga	WSH Garden Room	Nethan	31
Fri	13-Mar	12:20-1:10pm	Feel Good Friday: Ronald Harris-Warrick on Drugs and the Brain	WSH International Lounge	Carolyn	38
Sat	14-Mar		Social Event: Pie Day	WSH Parking Lot	Lena	x
Mon	16-Mar	5-6:15pm	Yoga	WSH Garden Room	Abby, Eme	31
Tues	17-Mar	4:30-5:30pm	Perkins Prize Reception and Ceremony for DWDM	WSH Memorial Room	Natasha, Brad	16
Wed	18-Mar	evening	CMM and Trail Mix at Tatkon	Tatkon	Erica M and Annelise	200
Wed	18-Mar	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	3
Wed	18-Mar	5-6pm	Zumba	WSH 5th Floor Lounge	Julie, Victoria	24
Thu	19-Mar	4:30-5:30pm	Return from Leave of Absence	WSH 2nd Floor Conference Room	Casey	8
Thu	19-Mar	5-6:15pm	Yoga	WSH Garden Room	Nethan	31
Fri	20-Mar	12:20-1:10pm	Feel Good Friday: Wai Wong on Perfectionism	WSH International Lounge	Carolyn	27

## Cornell Minds Matter: Spring 2015 List of Events

Day	Date	Time	Name of Event	Location	Contact	# of People
Sat	21-Mar		Social Event: Karaoke House	WSH Parking Lot	Lena	x
Sat	21-Mar	3-4pm	New Staff Member Training	WSH 2nd Floor Conference Room	Giselle	9
Sat	21-Mar	7:30-11pm	Social Event: Contra Dance	Appel Multi-Purpose Room	Lena	148
Mon	23-Mar	5-6:15pm	Yoga	WSH Garden Room	Abby, Eme	25
Mon	23-Mar	7:30-8:30pm	Healthy and Disordered Eating: Harry Segal	WSH Art Gallery	Angelica	26
Tues	24-Mar	4:30-5:30pm	Healthy Life Skills Workshop: Student Speak-Out on Stress Management	WSH 5th Floor Lounge	Matt, Julia, Evan	21
Wed	25-Mar	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	4
Wed	25-Mar	5-6pm	Zumba	WSH 5th Floor Lounge	Julie, Victoria	22
Thu	26-Mar	4:30-5:30pm	Return from Leave of Absence	WSH 2nd Floor Conference Room	Casey	6
Thu	26-Mar	5-6:15pm	Yoga	WSH Garden Room	Nethan	24
Sat-Sun	3/28/2015 - 4/5/2015		SPRING BREAK			
Tue	31-Mar	10:30am-12pm	Social Event: Synchrotron Tour	Trillium	Lena	32
Wed	1-Apr	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	3
Wed	1-Apr	5-6pm	Zumba	WSH 5th Floor Lounge	Julie, Victoria	26



## Cornell Minds Matter: Spring 2015 List of Events

Day	Date	Time	Name of Event	Location	Contact	# of People
Mon	6-Apr	7:30-8:30pm	Healthy and Disordered Eating: Clint Wattenberg	WSH Art Gallery	Angelica	35
Tue	7-Apr	4:30-5:30pm	Healthy Life Skills Workshop: Photovoice Session 1 with Laura Santacrose	WSH 5th Floor Lounge	Matt, Julia, Evan	x
Wed	8-Apr	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	4
Wed	8-Apr	5-6pm	Zumba	WSH 5th Floor Lounge	Julie, Victoria	26
Wed	8-Apr	6-9pm	Procrastinate at the Straight	WSH Lobby	Gabby	100's
Thu	9-Apr	4:30-5:30pm	Return from Leave of Absence	WSH 2nd Floor Conference Room	Casey	6
Thu	9-Apr	5-6:15pm	Yoga	WSH Garden Room	Nethan	29
Fri	10-Apr	12:20-1:10pm	Feel Good Friday: Deineria Exner- Cortens on Healthy Relationships	WSH International Lounge	Carolyn	
Sat	11-Apr	12-2pm	All-Staff Meeting: Elections	WSH International Lounge	Angelica	36
Sun	12-Apr		Social Event: Mental Health Alliance of Tompkins County	WSH Parking Lot	Lena	x
Mon	13-Apr	5-6:15pm	Yoga	WSH Garden Room	Abby, Eme	31
Mon	13-Apr	7:30-8:30pm	Healthy and Disordered Eating: Student Speak-Out	WSH Art Gallery	Angelica	20
Tue	14-Apr	4:30-5:30pm	Healthy Life Skills Workshop: Photovoice Session 2 with Laura Santacrose	WSH 5th Floor Lounge	Matt, Julia, Evan	22
Wed	15-Apr	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	3

## Cornell Minds Matter: Spring 2015 List of Events

Day	Date	Time	Name of Event	Location	Contact	# of People
Wed	15-Apr	5-6pm	Zumba	WSH 5th Floor Lounge	Julie, Victoria	21
Thu	16-Apr	4:30-5:30pm	Return from Leave of Absence	WSH 2nd Floor Conference Room	Casey	6
Thu	16-Apr	5-6:15pm	Yoga	WSH Garden Room	Nethan	26
Thu	16-Apr	8-9pm	Outreach: West Campus	Carl Becker House	Erica Miller	5
Fri	17-Apr	12:20-1:10pm	Feel Good Friday: Mike Chen on Time Management	WSH International Lounge	Carolyn	16
Sat	18-Apr		Social Event: Ringwood Raceway Go-Karting	WSH Parking Lot	Lena	x
Sat	18-Apr	3-4pm	New Staff Member Training	WSH 2nd Floor Conference Room	Giselle	x
Mon	20-Apr	5-6:15pm	Yoga	WSH Garden Room	Abby, Eme	18
Wed	22-Apr	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	2
Wed	22-Apr	5-6pm	Zumba	WSH 5th Floor Lounge	Julie, Victoria	21
Thu	23-Apr	5-6:15pm	Yoga	WSH Garden Room	Nethan	32
Sat	25-Apr	11:30am-	Social Event: Ithaca Farmer's Market	WSH Parking Lot	Lena	4
Sat	25-Apr	12-2pm	All-Staff Meeting: Planning Next Semester	WSH International Lounge	Angelica	36
Sat	25-Apr	7-10pm	Outreach: Dancing for a Cause	The Space at GreenStar	Erin	10

## Cornell Minds Matter: Spring 2015 List of Events

Day	Date	Time	Name of Event	Location	Contact	# of People
Mon	27-Apr	5-6:15pm	Yoga	WSH Garden Room	Abby, Eme	19
Wed	29-Apr	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	3
Wed	29-Apr	5-6pm	Zumba	WSH 5th Floor Lounge	Julie, Victoria	19
Thu	30-Apr	5-6:15pm	Yoga	WSH Garden Room	Nethan	16
Sat	2-May		Social Event: LOA Picnic Stewart Park	WSH Parking Lot	Alli	10
Sat	2-May		Social Event: Hike and dinner	WSH Parking lot	Lena	14
	All week		Handed out Fortune Cookies with uplifting sayings	Many buildings	Erica Mas.	500
Mon	4-May	5-6:15pm	Yoga	WSH Garden Room	Abby, Eme	20
Tue	5-May	5-6:30pm	CMM Party	WSH 5th Floor Lounge	Angelica	40
Wed	6-May		LAST DAY OF CLASSES			
Wed	6-May	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	3
Sat	9-May		Social Event: Ringwood Raceway - Go Karts	WSH Parking Lot	Lena	14
Sat	9-May	4-6pm	Social Event: Advanced Contra Dance	WSH Memorial Room	Lena	50
Sat	9-May	7:30-11pm	Social Event: Contra Dance	WSH Memorial Room	Lena	200

## Cornell Minds Matter: Spring 2015 List of Events

Day	Date	Time	Name of Event	Location	Contact	# of People
Wed	13-May	4-6pm	Outreach: Starlight	WSH 2nd Floor Conference Room	Flannery	4

## Cornell Minds Matter: Spring 2015: Final Meeting Attendance Sheet

Name	NetID	Phone	Class	College	Gender	Position	Primary Team		Secondary Team(s)
Casey Carr	kc64	(607) 255-3897 (office) (607) 266-9133 (cell)				Advisor			
Anna Bao	ab2525	(646) 309-8484	JR	CALS	F		Outreach		
Alexandria Battle	amb527						FGF, Zumba		
Jonathan Chan	jyc57	(925) 577-0306	SO	AS	M		P.A.S.		
Jimmy Chen	jsc349	(813) 217-1748	SR	AS	M	Listserv Keeper	Outreach		
Justin Chen	jc987	(626) 512-1686	SR	AS	M		P.A.S.		
Won Young Choi	wc478	(718) 350-9884	SO	ENG	M	R.A.K. Campus Outreach Chair	Outreach		
Angelica Cullo	afc46	(845) 399-8188	JR	CALS	F	Large Events Coord.	Large		
Grace Engels	gme33	(973) 459-9020	SR	CALS	F	Co-H.D.E. Event Coord.	H.D.E.		
Matthew Ferguson	mdf75	(817) 614-2862	SR	ENG	M	President	H.L.S.W.		
Camille Finn	crf72	(914) 462-6302	SR	HE	F		H.D.E.		
Jeremy Frias	jf469	(603) 818-2458	SR	CALS	M	CMM Center Consultant	On Leave		
Madeleine Galvin	mpg85						H.D.E.		
Abby Galyon	amg373	(607) 237-2084	SO	HE	F		H.D.E.		
Tiffany Guo	tg274	(347) 330-0012	SR	HE	F	Series Events Coord.	Series		
Sana Gupta	sg749	(607) 229-0605	JR	AS	F	Secretary	P.A.S.		
Eme Iban	ejj5	(248) 943-3263	JR	AS	F	Publicity Chair	On Leave		
Matt Indimine	mi235								
Evan Kain	etk44	(614) 301-2573	JR	ENG	M	H.L.S.W. Coord.	H.L.S.W.		
Natasha Khodykina	nk445	(858) 735-4664	JR	AS	F	V.P. of Events + D.W.D.M. Coord.	Large		
Niña Kitele	nck26	(201) 396-4600	JR	AS	F		P.A.S.		
Heather Laeufer	hel26								
Nicolette Lee	njl43								
Julia Lesnick	jml522	(781) 974-3697	SO	HE	F		H.L.S.W.		
Jamie Levine	jal384	(516) 884-8129	JR	CALS	F		Series		
Solomon Maina	sam524	(607) 229-9354	SR	AS	M	Webmaster	Pub		
Julie Mante	jom35	(209) 818-1857	SR	AS	F	Treasurer	Large		
Alex McClellan	ahm236	(209) 678-4275	JR	AS	F	Starlight Coord.	Outreach		
Gabby Molina	gmm95	(732) 318-5102	JR	HE	F	P.A.S. Coord.	P.A.S.		

